Alzheimer's **Disease** Research

FDA-Approved Alzheimer's Therapies

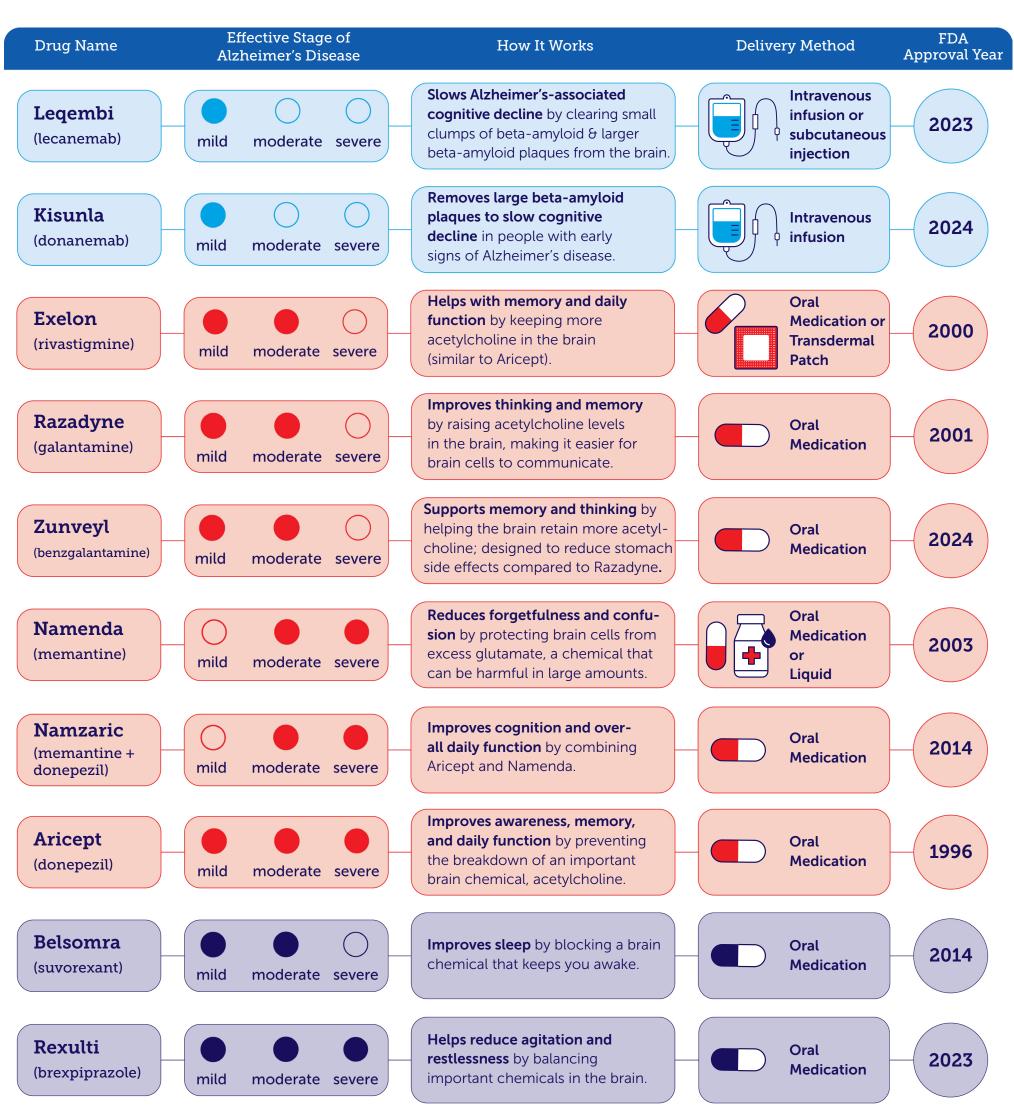
Although there is no cure for Alzheimer's disease, certain treatments can help control or delay its symptoms, particularly in the early stages of the disease. Talk to your physician to see if these medications are right for you.

Therapy Types

Anti-amyloid therapies may slow cognitive and functional decline in early-stage Alzheimer's but come with specific eligibility and monitoring requirements. Also known as disease-modifying medications, they target the potential cause of the disease, not just the symptoms.

Cognitive symptom-management treatments remain widely used and may be appropriate at different stages.

Behavioral or psychiatric medications treat symptoms like agitation or sleep disruption.



Hundreds of promising treatments are in development, but they're not the only path forward. Lifestyle changes—like regular exercise, a brain-healthy diet, and other healthy habits—may also help slow cognitive decline and lower Alzheimer's risk.



View more information about approved Alzheimer's treatments at brightfocus.org/AlzTreatments.



