

Helpful Resources for Alzheimer's and Dementia Care

Alzheimer's Disease Research

www.brightfocus.org/alzheimers • 1-855-345-6237

Alzheimer's Disease Research, a BrightFocus Foundation program, funds groundbreaking science to defeat Alzheimer's and shares the latest insights on promising research, risk reduction, treatment, and caring for a loved one with the disease.

Free resources:

Zoom In on Dementia & Alzheimer's: A virtual conversation series with renowned research scientists. Learn about groundbreaking research, new treatments and diagnostic tools, and practical tips for managing Alzheimer's and other types of dementia. Visit www.brightfocus.org/ADRZoom to sign up and watch past episodes on demand.

Information Center: Get the latest news and information about Alzheimer's at www.brightfocus.org/ADResources, including:

- Understanding Alzheimer's Disease: It's Not Just Forgetfulness
- Alzheimer's and Dementia: Understanding the Differences
- Managing Stress: Care for the Caregiver
- Alzheimer's Disease Research Review Newsletter
- Clinical Trials: Your Questions Answered

If you have questions or wish to request print copies of these materials, call us at 1-855-345-6237 or email info@brightfocus.org.

Additional Resources

Please note: The following organizations have been carefully reviewed for inclusion but are not affiliated with BrightFocus Foundation. We do not endorse any programs or products offered. Some organizations may charge fees for their services and advice.

Information & Support

- **Alzheimers.gov**

Free information on Alzheimer's treatment options, Medicare, and local community resources compiled by the U.S. Department of Health & Human Services.

www.alzheimers.gov • 1-877-696-6775

- **Alzheimer's and Related Dementias Education and Referral Center**

Trusted Alzheimer's information from the National Institute on Aging, including clinical trials.

www.nia.nih.gov/alzheimers • 1-800-438-4380

- **Dementia Friendly America**

A national collaborative to foster communities that are supportive of people with dementia and their care partners.

www.dfamerica.org

- **National Institute of Neurological Disorders and Stroke**

General information and publications on neuroscience, including Alzheimer's, from the National Institutes of Health.

www.ninds.nih.gov • 1-800-352-9424

Aging Services & Care

- **Meals on Wheels America**

Provides nutritious meals and supportive services to older adults. Depending on your location, services may include home-delivered meals, community dining, nutrition support, transportation, and social programs.

www.mealsonwheelsamerica.org • 1-888-998-6325

- **National Adult Day Services Association**

Find adult day services in your area.

www.nadsa.org/locator • 1-877-745-1440

- **National Center for Assisted Living**

Consumer information on assisted living as a long-term care option.

www.ncal.org • 202-842-4444

Legal, Financial & Healthcare Assistance

- **CaringInfo**

Free resources about end-of-life care and services, including advanced directives and hospice and palliative care.

www.caringinfo.org • 1-800-658-8898 • Multilingual: 1-877-658-8896

- **Centers for Medicare & Medicaid Services (CMS)**

Information on Medicare and Medicaid services that may cover Alzheimer's care.

www.cms.gov • 1-800-633-4227

- **Medicare**

Information for people over 65, and younger people with a disability, who want to sign up for Medicare.

www.medicare.gov • 1-800-633-4227

- **National Center on Elder Abuse (NCEA)**

Resources on preventing elder mistreatment and financial abuse.

<https://ncea.acl.gov> • 1-855-500-3537

- **National Consumer Voice for Quality Long-Term Care**

Find a professional to serve as an advocate for long-term care decisions, quality of care, and concerns.

theconsumervoice.org/get-help/ • 202-332-2275

- **National Council on Aging BenefitsCheckUp**

See what federal, state, and local benefits you may qualify for.

www.benefitscheckup.org • 571-527-3900

- **Social Security Administration**

Information on managing benefits and eligibility.

www.ssa.gov • 1-800-772-1213

- **Veterans Benefit Programs**

Veterans may qualify for specific health and caregiving benefits. To find out what services are covered for veterans' programs, visit www.va.gov/health-care/about-va-health-benefits/ or call 1-877-222-8387 (VETS).

Transportation and Travel Assistance

- **National Aging and Disability Transportation Center**

Provides transportation options that help older adults live independently in their homes and communities.

www.nadtc.org • 1-866-983-3222

- **Rides in Sight**

Provides information about senior transportation options in local communities across the United States.

www.ridesinsight.org • 1-855-607-4337

- **Transportation Safety Administration (TSA) Cares**

Support for travelers with Alzheimer's or medical needs.

www.tsa.gov/travel/tsa-cares • 1-855-787-2227

Products and Services for Care & Safety

- **AngelSense**

A GPS-based solution that helps caregivers monitor a loved one's location and daily activity for enhanced safety.

www.angelsense.com • 1-888-999-2023

- **Home Instead Senior Care**

Provides in-home services including personal care, hospice support, and memory care for people living with Alzheimer's or dementia.

www.homeinstead.com/alzheimers • 1-888-330-8210

- **MedicAlert Foundation**

Medical ID jewelry with 24/7 emergency response support to help first responders access vital medical info and contact loved ones.

www.medicalert.org • 1-800-432-5378

- **Project Lifesaver**

Offers wearable tracking devices to help quickly locate individuals at risk of wandering due to Alzheimer's or other cognitive conditions.

<https://projectlifesaver.org> • 1-877-580-5433

- **The Alzheimer's Store**

Offers practical products for individuals living with Alzheimer's and those who care for them.

www.alzstore.com • 1-800-752-3238

About Alzheimer's Disease Research

Alzheimer's Disease Research, a BrightFocus Foundation program, drives innovative research worldwide to defeat Alzheimer's disease and related dementias. By providing initial funding for highly innovative, experimental research and creative ideas, we spark revolutionary approaches and life-saving breakthroughs for this devastating disease impacting more than 7 million Americans aged 65 and older. Learn more and support our work at brightfocus.org/ADR.

***Disclaimer:** The information provided is a public service of BrightFocus Foundation and is not intended to constitute medical advice. Please consult your physician for personalized medical advice; all medications and supplements should only be taken under medical supervision. BrightFocus Foundation does not endorse any medical product or therapy.*

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